



Memory Journal

Day 1

Write the verse reference in the section provided at the top of the page and the verse in the Day 1 block. Recite the verse aloud three times during the day and tick the boxes as you progress.

Day 2

Repeat 'Day 1'

Day 3

Cover up the previous days and rewrite the verse from memory. Recite the verse aloud three times during the day and tick the boxes as you progress.

Day 4-7

Repeat 'Day 3' trying to rely only on your memory to recall the scripture. Remember to recite the verse to yourself.

After Day 7, use the paraphrase section to write the verse in your own words to let the meaning of the verse enrich your heart.



SCRIPTURE REFERENCE FOR THIS WEEK



DAY 1

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<input type="checkbox"/>
<input type="checkbox"/>
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DAY 2

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<input type="checkbox"/>
<input type="checkbox"/>
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DAY 3

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<input type="checkbox"/>
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DAY 4

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<input type="checkbox"/>
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DAY 5

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<input type="checkbox"/>
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DAY 6

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<input type="checkbox"/>
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DAY 7

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<input type="checkbox"/>
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PARAPHRASE

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